



Have your say on our Sexual Health Services Review

On behalf of Leicestershire County Council and Rutland County Council

Sexual health services for Leicestershire and Rutland comprise of the Integrated Sexual Health Service (ISHS) and Community Based Services (CBS).

- The Integrated Sexual Health Service (ISHS) is currently jointly commissioned by Leicester City, Leicestershire County and Rutland County Councils. The service comprises of main clinics (hub clinics) at Haymarket Health and Loughborough Health Centre alongside a number of smaller (spoke) clinics at Rutland Memorial Hospital, and across the county at Hinckley Health Centre, St. Luke's Hospital Market Harborough, and Coalville Community Hospital. (Throughout this survey, we refer to this as the hub and spoke model.) The Integrated Sexual Health Service also provides an online sexual health service which offers the provision of STI test kits, STI treatment, oral contraception, and emergency hormonal contraception.
- Community Based Services are commissioned individually by each authority and provide contraceptive services in communities. This may be delivered by either your GP or a local pharmacy.

Both the Integrated Sexual Health Service (ISHS) and Community Based Services (CBS) contracts end on 31 March 2024. As a result, Leicestershire and Rutland need to set up new contracts for these services.

We would like residents, users of our services, staff who provide sexual health services and partner organisations to complete this consultation. Your views are important to us and will help to shape future services.

Further information on the proposals can be found here: https://www.leicestershire.gov.uk/sexual-health-consultation

Please read the supporting information provided before completing the questionnaire.

Thank you for your assistance. Your views are important to us. You will have the opportunity to leave comments at the end of each section if you wish to tell us more.

Please note: Your responses to the main part of the survey (including your comments) may be released to the general public in full under the Freedom of Information Act 2000. Any responses to the questions in the 'About you' section of the questionnaire will be held securely and will not be subject to release under Freedom of Information legislation, nor passed on to any third party.

QT	in what role are you responding to this consultation? Please tick at	<u>ı</u> тат арріу.
	A person who uses sexual health services	Answer Q2, then skip to Q4
	A family member / carer of someone who uses sexual health services	Answer Q2, then skip to Q4
	Leicestershire or Rutland resident	Answer Q2, then skip to Q4
	☐ Interested member of the public	Answer Q2, then skip to Q4
	An employee of a sexual health service	Skip to Q3
	Representative of a voluntary sector organisation or charity	Skip to Q3
	A NHS/health professional	Skip to Q3
	Other (please specify)	Skip to Q4
	If 'other', please specify	
_	ou are responding as a family member/carer of someone who u	ses sexual health
_	ou are responding as a family member/carer of someone who uvices, please complete the survey with their views.	ses sexual health
serv		ses sexual health
serv	vices, please complete the survey with their views.	ses sexual health
serv	Which area do you live in? Please select one option only.	ses sexual health
serv	Which area do you live in? Please select one option only. Blaby	ses sexual health
serv	Which area do you live in? Please select one option only. Blaby Charnwood	ses sexual health
serv	Which area do you live in? Please select one option only. Blaby Charnwood Harborough	ses sexual health
serv	Which area do you live in? Please select one option only. Blaby Charnwood Harborough Hinckley and Bosworth	ses sexual health
serv	Which area do you live in? Please select one option only. Blaby Charnwood Harborough Hinckley and Bosworth Melton	ses sexual health
serv	Which area do you live in? Please select one option only. Blaby Charnwood Harborough Hinckley and Bosworth Melton North West Leicestershire	ses sexual health
serv	Which area do you live in? Please select one option only. Blaby Charnwood Harborough Hinckley and Bosworth Melton North West Leicestershire Oadby & Wigston	ses sexual health
serv	Which area do you live in? Please select one option only. Blaby Charnwood Harborough Hinckley and Bosworth Melton North West Leicestershire Oadby & Wigston Rutland	ses sexual health
serv	Which area do you live in? Please select one option only. Blaby Charnwood Harborough Hinckley and Bosworth Melton North West Leicestershire Oadby & Wigston Rutland Leicester City	ses sexual health

Q3		are a representative of a service provider, vo anisation in Q1, please provide your details	oluntary organisation,
	Name:		
	Role/position:		
	Organisation:		
	Organisation postcode:		
	Contact phone:		
	Contact email:		
	This information may be subject	ct to disclosure under the Freedom of Information Act 2000	
Se	ection 1 - Curren	t service	
pas	t.	about the current services you have used or t	
Q4		to access sexual health services (either clinic estershire or Rutland? Please select <u>one</u> opti	
	Yes, in the last 6 month	is .	Continue
	Yes, in the last year		Continue
	Yes, over a year a go		Continue
	No, I have never used	or tried to access these services	Skip to Q9
	Prefer not to say		Skip to Q9
	Don't know		Continue
	Which, if any, of the following Please tick all that apply	owing sexual health services have you used o	or tried to access?
	☐ Integrated Sexual Heal	th Service (ISHS) Clinic	Answer Q5
	Online sexual health se	ervices (e.g. for STI test kits)	Answer Q6
	GP service for long act	ng reversible contraception LARC (coil/implants)	Answer Q7
	Pharmacy for emergen	cy hormonal contraception (morning after pill)	Answer Q8
	Prefer not to say		Skip to Q9
	Don't know		Skip to Q9

	ise tell us about your most recen ual Health Service (ISHS) Clini	•	nce of using	g or trying	to access	s an Integ	rated
Q5	How easy, if at all, was it to?	Please s	elect <u>one</u> c	ption per	row only.		
		Very easy	Fairly easy	Not very easy	Not at all easy	Not applicable	Don't know
	Contact the Integrated Sexual Health Service (ISHS) Clinic						
	Get an appointment at a venue that suited you						
	Get an appointment at a time that suited you						
	If you have any further commen Health Service (ISHS) Clinic ple			ent experi	ence at th	e Integrat	ed Sexual
	se tell us about your most recen		nce of usin	g or trying	to access	s Online s	exual
Q6	How easy, if at all, was it to?	Please s	elect <u>one</u> c	ption only	′ .		
		Very easy	Fairly easy	Not very easy	Not at all easy	Not applicable	Don't know
	Use the online sexual health service (e.g. for STI test kits)						
	If you have any further commen health service please tell us below		r most rece	ent experi	ence with	an online	sexual

ion	g acting reversible contracepti	OII LAIKO	(COII/IIIIpi	iaiits)			
Q7	How easy, if at all, was it to?	Please s	elect <u>one</u> o	-	-		
		Very easy	Fairly easy	Not very easy	Not at all easy	Not applicable	Don't know
	Contact a GP service for long acting reversible contraception LARC (coil/implants)						
	Book an appointment with a GP service for long acting reversible contraception, at a venue that suited you						
	Book an appointment with a GP service for long acting reversible contraception at a time that suited you						
	If you have any further commer acting reversible contraception						vice for long
eme	ase tell us about your most recent ergency hormonal contraception How easy, if at all, was it to?	on (morni	ing after p	oill)		•	nacy for
Qo	now easy, if at all, was it to?			Not very	Not at all	Not	
	Contact a pharmacy for emergency hormonal contraception (morning	Very easy	Fairly easy	easy	easy	applicable	Don't know
	after pill) Access a pharmacy for emergency						
	hormonal contraception (morning after pill)						
	If you have any further commer emergency hormonal contracep				ence with	a pharma	acy for

Please tell us about your most recent experience of using or trying to access a GP service for

Q9	To what extent were sexual health service						ded by the	following	
		Very satisfied	Fairly satisfied	Neither satisfied nor dissatisfied	Fairly dissatisfied	Very dissatisfied	Don't know	Not applicable	
	Integrated Sexual Health Service (ISHS) Clinic								
	Online sexual health services (e.g. for STI test kits)								
	GP service for long acting reversible contraception LARC (coil/implants)								
	Pharmacy for emergency hormonal contraception (morning after pill)								
	Why do you say this	?							
Q10	If you have any further have used or tried to								

Section 2 - Accessing different types of sexual health services

The sexual health provision offers a range of services, including promoting good and safe sexual health, STI testing and treatment, and contraception. These services can be accessed in a variety of ways such as self-care using website information or online ordering, vending machines, community spoke clinics, sexual health hub clinics (face to face or by telephone/video), GP and pharmacy.

An STI test checks whether you have a sexually transmitted infection (STI). It is quick and painless. STI tests can be performed by using a urine (pee) sample, a blood sample or a swab. The type of sample needed will depend on the symptoms.

Q11	What would be your preferred method/s to access testing for suspected sexually transmitted infections? Please tick \underline{all} that apply.
	Ordering test kit via an online sexual health service
	Sexual health vending machine
	☐ GP
	☐ Visiting a sexual health clinic
	Pharmacy
	■ No preference
	☐ Don't know
	Why do you say this?

Contraception refers to the various methods that are used to prevent pregnancy. There are many types to choose from and different methods suit different people. Some require a procedure to have them fitted and removed.

There are many different types of contraception which can be provided by sexual health services. These include:

- condoms (which also provide protection from STI's)
- long-acting reversible contraception (LARC) such as coils or hormonal implants
- oral contraception (often known as birth control pills)
- emergency hormonal contraception such as the coil or the morning after pill

Q12	What would	be your	preferred	method/s to	access	the fo	ollowing	contraceptive	/e servi	ces?
	Please tick a	all that a	pply.							

	Condoms	Ordering via an online sexual health service	Sexual health vending machine	GP	Sexual health clinic	Pharmacy	Not applicable	Prefer not to say
	Contraceptive pills							
	Emergency hormonal contraception (morning after pill)							
Q13	What would be your LARC (coil/implants					ing revers	sible cont	raception
	GP	Sex	rual health cl	inic	Not applic	cable	Prefer	not to say
Q14	If you have any furth Leicestershire and R				about acce	essing sex	ual health	services in

Section 3 - Your preferences for accessing sexual health services

The Covid-19 pandemic and the availability of new technologies have changed people's preferences for the way sexual health services are accessed. For example, some people prefer to access services without having to leave their home, while others prefer to use face to face services but prefer that these services are located away from where they live. Some people also have preferences on the time of day that they would like to access services, while others have preferences on whether they want to speak to a health professional or not.

Q15	How important, if at one option per row o		ality when acce	ssing sexual	health services	s? Please select
	Available at home	Very important	Fairly important	Not very important	Not at all important	Don't know
	Near to home					Ш
	Near to work/ college or school					
	Not local to me					
Q16	How important, if at Please select <u>one</u> o			hen accessir	ng sexual healt	th services?
		Very important	Fairly important	Not very important	Not at all important	Don't know
	Daytime hours					
	Evening clinic hours					
	Weekend clinic hours					
Q17	' How important, if at Please select <u>one</u> o			en accessing	sexual health	services?
		Very important	Fairly important	Not very important	Not at all important	Don't know
	Opportunity to speak to a health professional					
	Self-care options rather than speaking to a health professional (e.g. online services or vending machines)					

	ow would you prefer pply.	to access face	to face sexual heal	th services? Please	tick <u>all</u> that
	A turn up and wait ser	vice			
_	A telephone booking s				
r	An online booking ser				
r	Other (please specify)				
r	No preference				
ī	Don't know				
lt.	'Other' places enecific				
II	'Other' please specify:				
W	/hy do you say this?				
	ow far would you be velect one option only.		to access face to f	ace sexual health s	ervices? Please
	Under 15 minutes				
	15 - 30 minutes				
	30 - 60 minutes				
	Over an hour				
	No preference				
	Don't know				
	ow likely, if at all, is it ave local options ava				ester City if you
	Very likely	Fairly likely	Not very likely	Not at all likely	Don't know
V	/hy do you say this?				

Sexual health vending machines allow fast and confidential access to free self-testing kits for sexually transmitted infections, condoms and pregnancy tests. They require some personal information to be entered to confirm that this is the right service for the individual, and to ensure there are no health needs that mean the individual needs to see a doctor or nurse. Q21 Where would you prefer to access sexual health vending machines? Please tick all that apply. At sexual health service sites Pharmacies / chemists University buildings Children, young people and family centres Community venues e.g. community centres Other (please specify) Wouldn't want to access/use one No preference Don't know If 'Other' please specify: Why do you say this? Q22 If you have any further comments or suggestions on the ways you access sexual health services in Leicestershire and Rutland please tell us below

Section 4 - Sexual health awareness, advice and health promotion

We would like to increase the amount of information available to enable people to manage their sexual health better. This includes the provision of information on sexual health services, provision of advice and promotion of positive sexual health.

A great deal	To some extent	Not very much	Not at all	Don't know
Why do you say th	nis?			
		e of sexual health se	ervices (such as \$	STI testing, STI
	e to be made award traception)? Please		ervices (such as S	STI testing, STI
treatment and con			ervices (such as S	STI testing, STI
Face to face Social Media	traception)? Please		ervices (such as S	STI testing, STI
reatment and con Face to face Social Media Emails	traception)? Please		ervices (such as S	STI testing, STI
reatment and con Face to face Social Media Emails Leaflets/ Hard co	traception)? Please ppies sessions		ervices (such as S	STI testing, STI
treatment and con Face to face Social Media Emails Leaflets/ Hard co Webinar/ training	traception)? Please ppies sessions		ervices (such as S	STI testing, STI
treatment and con Face to face Social Media Emails Leaflets/ Hard co Webinar/ training Other (please spe	traception)? Please ppies sessions		ervices (such as S	STI testing, STI

Q27	How likely, if at all, i support and/or advi- Please select <u>one</u> o	ce to manage you		ervice to speak to s	omeone and get
	Very likely	Fairly likely	Not very likely	Not at all likely	Don't know
Q28	If you have any furthin Leicestershire an			eness, advice and h	nealth promotion
Outr clos	ction 5 - Outro reach services are de er to the communitie raception and Chlam	esigned to break o s at risk. Outreac	down barriers to test	•	•
Q29	Which groups do yo apply.	ou feel should be	provided with outrea	ch services? Pleas	e tick <u>all</u> that
	Young people				
	Vulnerable people	(e.g. someone with a	a learning disability)		
	Sex workers				
	Men who have sex	with men			
	Rough sleepers				
	LGBTQ+ commun	ty			
	Travelling Commu	nity			
	Other (please spec	cify)			
	Don't know				
	If 'Other', please specify	/:			

	Which, if any, of the following areas do you feel have a greater need for outreach services? Please tick <u>all</u> that apply.
	Blaby
	Charnwood
	Harborough
	Hinckley and Bosworth
	Melton
	North West Leicestershire
	Oadby & Wigston
	Oakham
	Uppingham
	Empingham
	Rutland
	☐ Don't know
Q31	If you have any further comments or suggestions about outreach service provision in Leicestershire and Rutland please tell us below

Please continue if you said in Q1 that you are responding as 'A person who uses sexual health services', 'A family member / carer of someone who uses sexual health services', 'Leicestershire or Rutland resident' or 'Interested member of the public'.

Otherwise, please skip to the instructions at the end of the questionnaire.

About you

Leicestershire County Council is committed to ensuring that its services, policies, and practices are free from discrimination and prejudice, address the needs of all sections of the community and promote and advance equality of opportunity.

Many people face discrimination in society because of their personal circumstances and for this reason we have decided to ask these monitoring questions.

We would therefore be grateful if you would answer the following questions. You are under no obligation to provide the information requested, but it would help us greatly if you did.

Q32	What is your gender? Please select <u>one</u> option only.
	Male Male
	Female
	I use another term
	Is the gender you identify with the same as your sex registered at birth? Please select one option only. Yes No
∩34	What was your age on your last birthday? (Please enter your age in numbers not words)
QO I	That was your age on your last birthady. (1 loads officer your age in hambers not words)
	What is your full postcode? This will allow us to see how far our services reach people. It will not identify your house.

Yes	Continue
No	Skip to Q38
37 If yes, what are the ages of the children in your care? Please tick a	a <u>ll</u> that apply.
0-4	
5-10	
<u> </u>	
<u> </u>	
38 Are you a carer of a person aged 18 or over? Please select <u>one</u> o _l	otion only.
Yes	
No	
39 Do you have a long-standing illness, disability or infirmity? Please	select one option only.
Yes	Continue
□ No	Skip to Q40
Prefer not to say	Skip to Q40
If you said you have a long-standing, disability or infirmity, please long-standing illness, disability or health condition relates to?	can you tell us what your
Please tick <u>all</u> that apply.	
Head injury	
Head injury	
Head injury Hearing (deafness, severe hearing impairment)	
Head injury Hearing (deafness, severe hearing impairment) Learning difficulty or disability (e.g. Down's syndrome, dyslexia, autism)	
Head injury Hearing (deafness, severe hearing impairment) Learning difficulty or disability (e.g. Down's syndrome, dyslexia, autism) Mental health (e.g. depression, schizophrenia)	
Head injury Hearing (deafness, severe hearing impairment) Learning difficulty or disability (e.g. Down's syndrome, dyslexia, autism) Mental health (e.g. depression, schizophrenia) Mobility (e.g. using a wheelchair)	
Head injury Hearing (deafness, severe hearing impairment) Learning difficulty or disability (e.g. Down's syndrome, dyslexia, autism) Mental health (e.g. depression, schizophrenia) Mobility (e.g. using a wheelchair) Physical impairment (e.g. difficulty using your arms)	nic heart disease, epilepsy)
Head injury Hearing (deafness, severe hearing impairment) Learning difficulty or disability (e.g. Down's syndrome, dyslexia, autism) Mental health (e.g. depression, schizophrenia) Mobility (e.g. using a wheelchair) Physical impairment (e.g. difficulty using your arms) Visual (blindness, severe visual impairment)	nic heart disease, epilepsy)
Head injury Hearing (deafness, severe hearing impairment) Learning difficulty or disability (e.g. Down's syndrome, dyslexia, autism) Mental health (e.g. depression, schizophrenia) Mobility (e.g. using a wheelchair) Physical impairment (e.g. difficulty using your arms) Visual (blindness, severe visual impairment) Long-standing illness or health condition (e.g. cancer, HIV, diabetes, chro	nic heart disease, epilepsy)
Head injury Hearing (deafness, severe hearing impairment) Learning difficulty or disability (e.g. Down's syndrome, dyslexia, autism) Mental health (e.g. depression, schizophrenia) Mobility (e.g. using a wheelchair) Physical impairment (e.g. difficulty using your arms) Visual (blindness, severe visual impairment) Long-standing illness or health condition (e.g. cancer, HIV, diabetes, chrown Other (please specify)	nic heart disease, epilepsy)

Q40 What is your ethnic group? Please select one option only.
White
Mixed
Asian or Asian British
Black or Black British
Other ethnic group
Q41 What is your religion? Please select <u>one</u> option only.
No religion
Christian (all denominations)
Buddhist
Hindu
Jewish
Muslim
Sikh
Any other religion
Q42 Which best describes your marital/relationship status? Please select one option only.
Single
In a relationship but not cohabiting
☐ In a relationship and cohabiting
Married/In a registered civil partnership
Married/In a registered civil partnership but separated
Divorced/dissolved civil partnership
Widowed/surviving partner in civil partnership
Other (please specify)
Prefer not to say
If 'Other', please specify:
Q43 What is your sexual orientation? Please select one option only.
☐ Bi
Gay or Lesbian
Straight/ Heterosexual
☐ I use another term

Thank you for your assistance. Your views are important to us.

We will analyse all the responses once the consultation has ended (midnight on 12 March 2023). A summary of the findings will be added to a report that will be presented to each Local Authority (Leicestershire County Council and Rutland County Council) for final consideration.

A formal decision on how future sexual health services will look is expected by May 2023.

Please return your completed survey to:

Sexual Health Services Consultation
Public Health Business Support
Room G58
Leicestershire County Council
Have Your Say
FREEPOST NAT18685
Leicester
LE3 8XR

Data Protection: Personal data supplied on this form will be held on computer and will be used in accordance with current Data Protection Legislation. The information you provide will be used for statistical analysis, management, planning and the provision of services by the county council and its partners. Leicestershire County Council will not share any personal information collected in this survey with its partners. The information will be held in accordance with the council's records management and retention policy. Information which is not in the 'About you' section of the questionnaire may be subject to disclosure under the Freedom of Information Act 2000.