

**Your Local Area Co-ordinator
is here to help people:**

- think about how to make life better and look at what they have to offer
- connect with others and be part of their community
- find out what's happening in their area and get the right help for them
- take some positive actions.

We can:

- put people in touch with their local services or community groups
- work with people to help them achieve their goals and to lead a happier life.

Find out more about
Local Area Co-ordination:

[www.leicestershire.gov.uk/
local-area-co-ordinators](http://www.leicestershire.gov.uk/local-area-co-ordinators)



**To find out if there's a co-ordinator
in your area, contact:**

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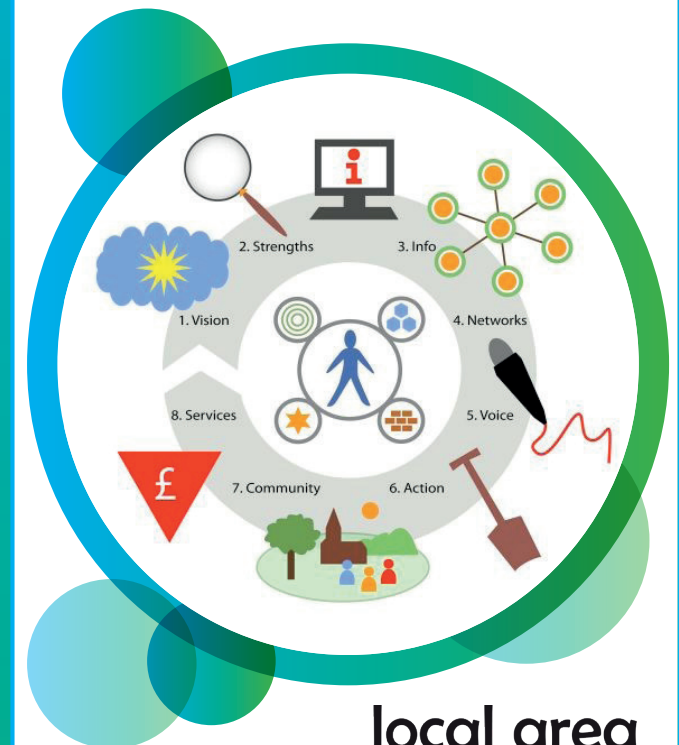
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Local Area Coordination is supported by
Leicestershire County Council, Public Health
and your district or borough council.



Local Area Co-ordinators

**Connecting people
to their communities**



local area
coordination[®]

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Who we are

Local Area Co-ordinators work in communities across Leicestershire to help improve health, wellbeing and resilience of the people who live there.

What we do

We look at what people, families and communities can offer each other and support them to help make each other stronger.

We show people how they can better connect to their community.

We help people to find out about what's happening in their area and to get the right help from the right services for them.



How we do it

We take the time to really understand a person's strengths and aspirations, so that we can offer tailored support for them.

Co-ordinators will identify useful community assets and resources which people can access in their local area.

We connect people with sources of informal support and help them to access services they may find helpful.

We help communities develop resources to meet the needs of the community

This leads to

- improved health and wellbeing, feeling safe, staying well and happy
- improved quality of life, confidence and independence
- increased community links and social interactions
- access to opportunities.
- increased engagement with natural supports
- stronger communities and positive use of community assets and resources
- people learning practical ways of achieving goals and visions for a better life
- strengthens individuals, families and communities
- fewer hospital admissions and visits to GPs.

