



# Case Study 1

## Supporting with anxiety

### Type of setting

Primary

### No. sessions

Less than 1

### How did LEPS help?

A 20-minute Solution Circle with parents, teacher & SENDCo to generate strategies that could be used at home and in school.

### What was the impact?

- Created a joined-up narrative between home & school
- School & parents had concrete next steps, including strategies to trial
- Clear evidence as part of the assess-plan-do-review cycle of support



# Case Study 2

## Supporting with emotional wellbeing

### Type of setting

Primary

### How did LEPS help?

A day of 30-minute staff drop-in consultations to explore different strategies to support pupils with emotional wellbeing



### No. sessions

2

### What was the impact?

- Bridged a gap in provision due to staff vacancies (e.g. ELSA/pastoral lead)
- Realistic and manageable strategies for class teachers to trial