






Charnwood Action Group 2025

Invites you to come along and join in a health walk

It's a fun way to keep fit and to meet new people!

All walks start at 11am prompt and under 2 miles.

	<p>11am Wednesday 9 July 2025</p>	<p>Mountsorrel Library, The Green, Mountsorrel, LE12 7AS</p>
	<p>11am Wednesday 13 August 2025</p>	<p>Quorndon Fox Pub, Loughborough Road, Quorn, LE12 8DT.</p>
	<p>11am Wednesday 8 September 2025</p>	<p>Loughborough Town Hall, Loughborough LE11 3EB</p>

Please call or email to let us know you'll be coming along. Email Charnwood Action Group [charnwoodactiongroup@gmail.com] or call Sue on 07503733691

Remember to wear walking shoes or trainers and bring a bottle of water with you.








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	11am Wednesday 8 October 2025	Mountsorrel Library, The Green, Mountsorrel, LE12 7AS
	11am Wednesday 12 November 2025	Quorndon Fox Pub, Loughborough Road, Quorn, LE12 8DT.
	11am Wednesday 10 December 2025	Loughborough Town Hall, Loughborough LE11 3EB

For information ring: Glebe House – 01509 218096 or email
Charnwood Action Group [charnwoodactiongroup@gmail.com]
or call Sue on 07503733691

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