



Short Breaks Services

for Adults with
Learning Disabilities

Melton | Hinckley | Wigston

Care of the highest standard



leicestershire.gov.uk/short-breaks

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Quality of Care

We invest in learning and development opportunities for all our staff, to ensure the care we deliver is second to none.

We have a comprehensive Quality Assurance programme to ensure we are meeting the Care Quality Commission (CQC) guidelines and providing the best possible care.

It's important to us that we strive to constantly improve our care and the service offered to people and their families. We hold regular stakeholder meetings to share information about our provisions and to receive feedback.

We also conduct annual Quality Assurance surveys and publish these results with an action plan on what changes we'll make to carry on improving.

We have a strong, committed, enthusiastic team who pride themselves in providing a 'home from home' experience for all our supported people. The practical and emotional care we provide is of the highest standard and delivered by well-trained, compassionate staff.

Our Quality Statement

Leicestershire County Council's Short Breaks services aim to deliver high quality integrated care services to a standard of excellence which embraces the fundamental principles of good care practice.

It is our objective that people shall live in a clean and safe environment, be treated with respect and sensitivity to their individual needs and abilities. Staff will be responsive to the individual needs of people and will provide the appropriate degree of care to assure the highest possible quality of life.

To meet people's needs the service is designed to achieve the following objectives:

- to deliver a service of the highest quality that will improve and sustain people's overall quality of life in a person centred way;
- to promote the comprehensive welfare of people who access our services, offer choice and control by engaging with people including their representatives, health and social care professionals to ensure holistic assessments are the foundation of our development of outcome focussed, person centred support plans;
- to ensure that our service is flexible, attentive, and non-discriminatory while respecting each person's right to independence, privacy, dignity, fulfilment, and the rights to make informed choices and positive risk taking;
- to have a programme of review and reassessment to ensure the assessed needs of people who access our services are being met effectively and maximising independence and autonomy;
- to ensure that our service in the whole is delivered in accordance with the Health and Social Care Act and in adherence with contracts of care with our stakeholders;
- to manage and implement a formal programme of staff planning, recruitment and selection, training and personal development to enable peoples care and support needs to be met effectively;
- to manage our service efficiently and effectively to make the best use of resources;
- to ensure our services are fit for purpose by having quality assurance systems and continually examining our operations to ensure that we are successfully achieving our stated aims and purpose.



Our approach to Short Breaks (Respite) services

We are dedicated to providing individual care with dignity and respect that meets people's needs.

Our short breaks services offer respite care throughout the year for varying lengths of time; this could be for a few days or a few weeks at a time. We undertake a pre-stay assessment to ensure we can meet people's care and support needs.

We employ an informal, relaxed approach to ensure that we maintain our 'home from home' feel, but we always deliver our care with professionalism.

We develop personalised support plans and review these on a regular basis to ensure all care requirements are met.

We create a community where friendships and memories are made.

We aim to deliver a future where adult care transcends traditional models, becoming a dynamic service which empowers people to excel in their chosen lives, connected to their community and supported by compassionate carers.

We aim to provide a service that moves beyond simply meeting needs by actively creating an environment that enables people to feel valued with meaningful strength-based activities.

We want to create an environment that enables people to truly be who they are, explore their individuality, make their own decisions and keep safe.

We provide a service that put's the person in control.

A few things people have said about our services

It is very reassuring and shows just how precise you are with giving any medicine and makes me feel in safe hands

The service made my birthday special

Thank you to all staff, I would like to come back next week

I found the service to be a home away from home and will be happy to use the service again

A big thank you to everyone who cared for my daughter

Our Short Breaks team

Our well trained staff at Leicestershire County Council Short Breaks Service are deeply committed to providing the best possible to all our supported persons and their families.

Our compassionate, enthusiastic and dedicated workforce help to make a real difference to people's lives. Our approach is personalised, we spend time really getting to know each person, to ensure specific needs are met. We create a warm, informal family atmosphere that helps people feel right at home.

All of our staff are vetted using the governments disclosure and barring system. Staff receive a comprehensive induction and regular training to ensure we continually deploy a staff complement that have the necessary skills, knowledge and understanding in effectively meeting the care and support needs of all people who access our services.

Our team includes:

Registered Manager and Care Services Team Leaders

We have a dedicated group of managers with a range of social care and health experience and qualifications deployed to ensure the effective management of services.

All managers undergo a continual programme of management training to ensure the service deploy a skilled and competent management team that provide strong leadership and a service that is fit for purpose and compliant with the Health and Social Care Act.

Support Workers

We have a dedicated, well trained and experienced complement of support staff who help us to deliver personalised care and support. Our support staff receive training in the following core subjects; Client Handling, Health & Safety, Nutrition, Safeguarding of Vulnerable Adults, Deprivation of Liberty Safeguards. Mental Capacity Act, Infection Control, Food Safety, Control of Substance Hazardous to Health, First Aid, Equality and Diversity, Oliver McGowan Training (Learning Disability & Autism), GDPR UK and Information Security. The service shares a positive relationship with local health services and works closely together in improving the health and wellbeing of all of our supported persons.

Whenever possible, the service will also carry out tasks delegated by our health colleagues subject to training and competency assessments in adherence with the Health and Social Care Framework in Leicestershire.

Administrative Assistant, Domestic Assistant & Premises Officer

We have experienced and dedicated domestic, administrative and premises officers who play an integral role in delivering a safe and effective service; all of whom receive regular training in their area of work.



What are short breaks?

Our Short Breaks services specialise in providing planned, meaningful support for people with a learning disability. They provide opportunities to try new activities, build independence and enjoy time away from home, while giving families and carers valuable time to rest and recharge. Our Short Breaks offer includes a range of flexible options designed to meet different needs, preferences and levels of support, ensuring people can access safe, enjoyable and high quality breaks that help them live the life they choose.

In addition to planned stays, our Short Breaks services can also consider urgent requests or referrals, subject to availability. This ensures that individuals and families facing unexpected pressures or changes in circumstance can still access timely, supportive and high-quality breaks when they need them most.

Who is eligible for short breaks?

Our Short Breaks services are available for adults with a learning disability and who need additional support to access meaningful activities, develop independence or have time away from their usual routine. You can speak to your Social Worker, eligibility is based on assessed need determined by the local authority's care and support assessment, and the type of Short Break offered will depend on what level of support a person requires to stay safe, well and engaged.

Enablement and reablement support services

We also offer a social care enablement and reablement service. We take a short-term, goal-oriented support approach designed to help people with learning disabilities gain or regain the skills, confidence, and independence needed to live as independently as possible.

Unlike traditional 'doing for' residential care, an enablement model uses a 'doing with' approach, often lasting up to 6–12 weeks, aimed at reducing long-term dependency on high-level care.

Key Features of Enablement Services:

- **Strengths-Based and Person-Centred:** Focuses on what a person can do, rather than their limitations, tailoring goals to their specific aspirations.
- **Time-Limited Intervention:** Typically designed for a 6-to-12-week period, though it can be shorter or sometimes longer depending on progress.
- **Skill Development:** Focuses on practical skills such as cooking, cleaning, money management, personal hygiene, and using public transport.
- **Community Integration:** Empowers people to connect with their local community, reducing social isolation.
- **Goal Setting:** Works with people to set, monitor, and achieve specific daily living goals.

Enablement vs. traditional residential care:

While traditional care homes might focus on 24/7 supervision and managing daily tasks for people, an enablement service is designed to be temporary and transitional.

Feature	Enablement Service	Traditional Residential Care
Approach	'Doing with' (coaching)	'Doing for' (caretaking)
Goal	Increase independence/reduce support	Provide 24/7 care/supervision
Duration	Short-term (weeks/months)	Long-term/Permanent
Focus	Skill development, enablement/reablement	Safety and daily maintenance

Benefits:

- **Increased Independence:** Helps people move from 24/7 support to more independent, lower-support living (such as supported living).
- **Boosted Confidence:** Rebuilds skills that may have been lost due to illness, injury, or lack of opportunity.
- **Improved Life Skills:** Empowers residents to manage their own finances, cook, and manage their health.
- **Better Well-being:** Promotes a sense of purpose and improved mental health.

These services are often provided in specialised residential settings, sometimes referred to as 'step-down' services, which act as a bridge between high-support care and independent living.



Our locations



Melton Short Breaks – Melton Mowbray

Melton Short Breaks Services, 21 Victor Avenue,
Melton Mowbray, Leicestershire, LE13 0GG

Tel: 0116 305 4200

Email: MeltonShortBreaks@leics.gov.uk



The Trees Short Breaks – Hinckley

The Trees Short Breaks Service, Deveron Way,
Hinckley, Leicestershire, LE10 0XD

Tel: 0116 305 6662

Email: LDHome.Trees@leics.gov.uk





Carlton Drive Short Breaks - Wigston

Carlton Drive Short Breaks Services, Carlton Drive, Wigston, Leicestershire, LE18 1DE

Tel: 0116 305 6789

Email: Carlton.Drive@leics.gov.uk

The Trees Short Breaks - Hinckley

The Trees Short Breaks Service, Deveron Way, Hinckley, Leicestershire, LE10 0XD

Tel: 0116 305 6662 Email: LDHome.Trees@leics.gov.uk

Manager: Phil Hutchinson, Care Services Manager (Registered Manager)

Facilities include:

- ✓ 12 bed with the option of en-suite
- ✓ Purpose built, level access throughout
- ✓ Wheelchair accessible
- ✓ 4 lounges and dining areas
- ✓ 2 kitchens (accessible, specially adapted)
- ✓ Laundry service
- ✓ Fitted specialist baths and manual handling equipment throughout
- ✓ Outdoor space/ garden
- ✓ Free wi-fi
- ✓ Care technology throughout the building
- ✓ Local amenities and good transport links



The Trees Short Breaks services provide a personalised overnight short breaks (respite) service for adults with Profound and Multiple Learning Disabilities (PMLD), mental health conditions, dementia, sensory impairment and individuals with physical disabilities. The accommodation comprises of 12 beds in total, located in Hinckley.

The short breaks service forms part of a continuum of services designed for people to enjoy experiences away from their primary carers, thereby contributing to their personal and social development, reducing isolation. It also provides primary carers a necessary break from their invaluable roles as carers.

During our short breaks pre-admission process, we can consider requests for people to access our in-house activities or continue with their current day service arrangements.



Accommodation

The accommodation at The Trees is purpose built offering ground floor accommodation throughout, providing 12 single occupancy bedrooms with fitted ceiling hoists. People are encouraged to bring personal items and belongings to suit individual choice and personalise their stay with us. The accommodation is suitably adapted for wheelchair access and maintains specialist equipment on-site to meet needs in a safe and effective way.

There are large communal lounges and dining areas, these areas can be used by people to relax, take part in activities and enjoy meals. We also have an accessible/adapted kitchen, people who use our services may assist in meal preparation and other daily living activities alongside trained staff

We provide specialist sensory and accessible baths with Bluetooth technology and spa functions for people to relax and enjoy. There are also several other accessible and adapted shower/toilet facilities on-site.

Laundry facilities are also available on site.

There is access to free wi-fi internet connectivity for social use and we can provide equipment to facilitate video calls/ conferencing for people to stay in touch with family and friends.

We also use care technology throughout the building to enhance of service delivery and promote independence.

The Trees Short Breaks Services

- **Caring for adults aged under/ over 65**
- **Physical disabilities**
- **Sensory impairments**
- **Learning disabilities**
- **Mental health conditions**
- **Dementia**



Carlton Drive Short Breaks - Wigston

Carlton Drive Short Breaks Services, Carlton Drive, Wigston, Leicestershire, LE18 1DE
Tel: 0116 305 6789 Email: Carlton.Drive@leics.gov.uk

Manager: Leah Wheeler, Care Services Manager (Registered Manager)

Facilities include:

- ✓ 7 bed with en-suite facilities
- ✓ Purpose built, level access throughout
- ✓ Wheelchair accessible
- ✓ 2 lounges and dining areas
- ✓ 2 kitchens
- ✓ Laundry service
- ✓ Sensory room
- ✓ Fitted specialist baths and manual handling equipment throughout
- ✓ Outdoor space/ garden
- ✓ Free wi-fi
- ✓ Care technology throughout the building
- ✓ Local amenities and good transport links



Carlton Drive Short Breaks services provide a personalised overnight short breaks (respite) service for adults with Profound and Multiple Learning Disabilities (PMLD), sensory impairment and physical disabilities. We have a purpose built seven bed accommodation located in Wigston.

The short breaks service forms part of a continuum of services designed for people to enjoy experiences away from their primary carers, thereby contributing to their personal and social development, reducing isolation. It also provides primary carers a necessary break from their invaluable roles as carers.

During our short breaks pre-admission process, we can consider requests for people to access our in-house activities or continue with their current day service arrangements.





Accommodation

The accommodation at Carlton Drive is purpose built offering ground floor accommodation throughout, providing 7 single occupancy bedrooms (en-suite) with fitted ceiling track hoists. People are encouraged to bring personal items and belongings to suit individual choice and personalise their stay with us.

The accommodation is suitably adapted for wheelchair access and maintains specialist equipment on-site to meet needs in a safe and effective way. There are large communal lounges with dining facilities, to relax, take part in activities and enjoy meals. There are 2 kitchens, people who use our services may assist in meal preparation and other daily living activities alongside trained staff.

We have a fully integrated sensory room and have accessible baths with spa functions for people to relax and enjoy. There are also several other accessible and adapted shower/toilet facilities on-site.

Laundry facilities are also available on site.

There is access to free wi-fi internet connectivity for social use and we can provide equipment to facilitate video calls/ conferencing for people to stay in touch with family and friends.

We also use care technology throughout the building to enhance of service delivery and promote independence.

Carlton Drive Short Breaks Services

- **Caring for adults aged under 65**
- **Physical disabilities**
- **Sensory impairments**
- **Learning disabilities**



Melton Short Breaks – Melton Mowbray

Melton Short Breaks Services, 21 Victor Avenue, Melton Mowbray, Leicestershire, LE13 0GG
Tel: 0116 305 4200 Email: MeltonShortBreaks@leics.gov.uk

Manager: Claire Elliott, Care Services Manager (Registered Manager)

Facilities include:

- ✓ 5 bed with en-suite facilities
- ✓ Purpose built, level access throughout
- ✓ Wheelchair accessible
- ✓ 3 lounges and dining areas
- ✓ 2 kitchens
- ✓ Laundry service
- ✓ Sensory room
- ✓ Fitted specialist baths and manual handling equipment throughout
- ✓ Outdoor space/ garden
- ✓ Free wi-fi
- ✓ Care technology throughout the building
- ✓ Local amenities and good transport links



The Melton Short Breaks service provides a personalised overnight short breaks (respite) service for adults with Profound and Multiple Learning Disabilities (PMLD), sensory impairment(s) and physical disabilities. We have a purpose built five bed accommodation located in Melton Mowbray.

The short breaks service forms part of a continuum of services designed for people to enjoy experiences away from their primary carers, thereby contributing to their personal and social development, reducing isolation. It also provides primary carers a necessary break from their invaluable roles as carers.

During our short breaks pre-admission process, we can consider requests for people to access our in-house activities or continue with their current day service arrangements.





Accommodation

The accommodation at Melton Short Breaks is purpose built offering ground floor accommodation throughout, providing 5 single occupancy bedrooms (en-suite) with fitted ceiling track hoists.

Our supported persons are encouraged to bring personal items and belongings to suit individual choice and personalise their stay with us. The accommodation is suitably adapted for wheelchair access and maintains specialist equipment on-site to meet needs in a safe and effective way.

The accommodation offers three large communal/dining spaces used by our supported persons to relax, take part in activities and enjoy their meals. There are 2 kitchens, people who use our services may assist in meal preparation and other daily living activities alongside trained staff.

We have a fully integrated sensory room and have accessible baths with spa functions for people to relax and enjoy. There are also several other accessible and adapted shower/toilet facilities on-site.

Laundry facilities are also available on site.

There is access to free wi-fi internet connectivity for social use and we can provide equipment to facilitate video calls/ conferencing for people to stay in touch with family and friends.

We also use care technology throughout the building to enhance of service delivery and promote independence.

Melton

Short Breaks Services

- **Caring for adults aged under 65**
- **Physical disabilities**
- **Learning disabilities**
- **Sensory impairments**





Would you like to work in adult social care?



Can you support us deliver our vision of wellbeing and opportunities for adults with learning disabilities?

Whether you're experienced or looking for a completely new challenge, Leicestershire County Council offers a wide range of rewarding full and part-time roles which make a real difference in your community.

From support workers to team leads and managers, find a role that's right for you, with great workplace benefits, generous local government pension and supported training and development opportunities.

Visit our website for the latest vacancies: leicestershire.gov.uk/jobs or contact our Resourcing Co-ordinator

Direct line: 0116 305 1595

or email ascruitment@leics.gov.uk



To find out more about the support available from adult social care, along with developments and improvements to our services, sign up for our email newsletter by visiting www.leicestershire.gov.uk/adult-social-care-news



Did you know that Leicestershire County Council's Adults and Communities department have an Engagement Panel?

We are always looking for new volunteer members to join the Engagement Panel. We need members to represent the whole spectrum of people that social care may support from when people first move into Adult Social Care from Children and Family Services onwards

www.leicestershirecommunities.org.uk/asc/engagement-advisory-panel