



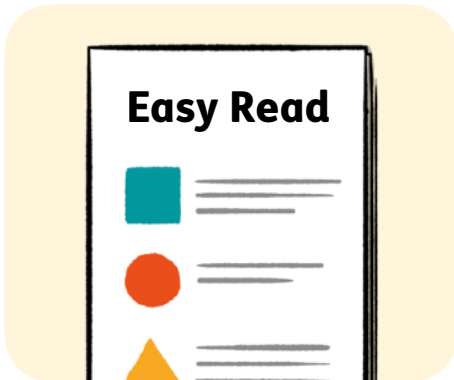
**Easy
Read**

Our plan for carers

2026 to 2030



Easy Read

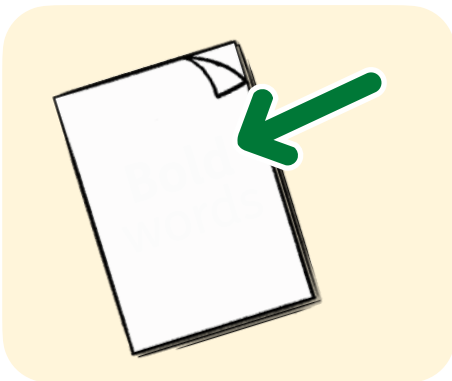


This is an Easy Read version of some information.

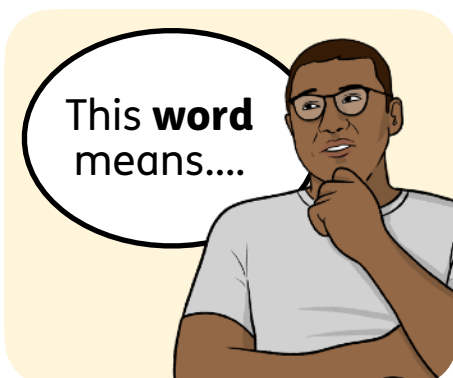
It uses easier words and pictures.



Some people may still want help to read it.



Some words are **bold** to show they are important.



We explain bold words if they are hard to understand.

What is in this booklet

About this booklet	4
About our plan	5
Before you start.....	9
Our plan.....	12
Your thoughts about the whole plan.....	25
Questions about you	29
Sending us your answers.....	36
Find out more	37

About this booklet



This booklet is from
Leicestershire County Council.



It is an Easy Read copy of our plan
for supporting **carers** in
Leicestershire.



A **carer** is a person who gives
unpaid support to a family
member or friend who has health
needs.



You can answer the questions in
this booklet to tell us what you
think of our plan.

About our plan



Carers are very important.



They support family members and friends who could not manage without their help.



We want to make sure we support carers in Leicestershire so that they can do their important work.



So we have written a plan for how we will do this.



Carers helped us to write our plan.

Our plan is for carers who either:



- Live in Leicestershire, or



- Go to a doctor's surgery in Leicestershire.



Our plan is for carers of any age, including children, young people and adults.

What do you think?



We want to know what you think of our plan.



To tell us what you think, please read our plan and answer the questions throughout the booklet.



You have until Sunday 14 June 2026 to send us your answers.

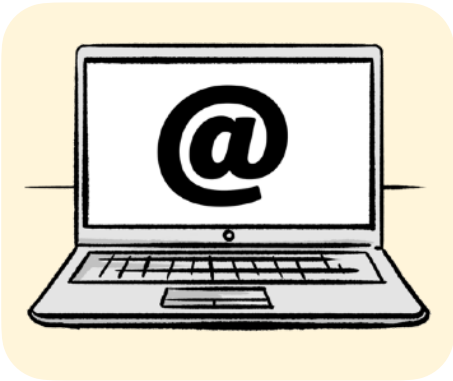


We will explain how you can send your answers to us at the end of the booklet.

If you would like support with answering the questions, you can contact us by:



- Phone: 0116 305 5013

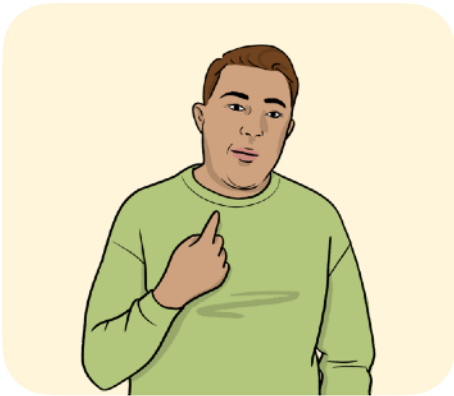


- Email:
A&CConsultations@leics.gov.uk

Before you start



Before you start reading our plan, please answer the following questions.



Question 1: Who are you answering the questions in this booklet as?

You can tick as many answers as you need.

An adult who is a carer for another adult.

An adult who is a carer of an ill or disabled child.

A young person aged 18 or younger who is a carer for an adult.

There are more answer options on the next page.

An adult who is a carer for both another adult and a child.

An adult who is a carer and who has a job.

A member of the public.

A health or social care professional.

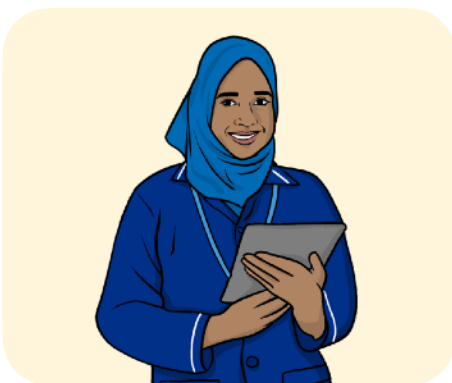
Other - please describe yourself below:

Question 2: If you are answering the questions in this booklet as either a health care professional or an organisation, then please tell us:

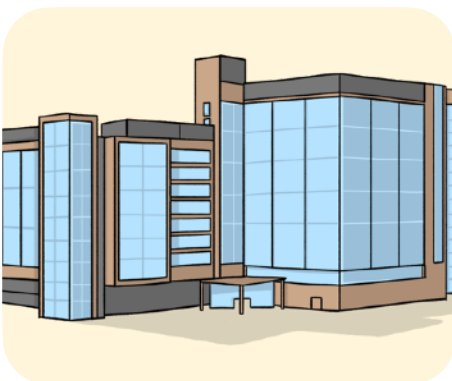


My name is...

Your name:



Your role at work:



The name of the organisation you work for:



Our plan



Our vision

Our **vision** is how we want things to be in the future.

We want carers to know:



- That they are a carer and can get support.



- Know where to go to ask for support.

We also want carers to:



- Get the support they need to stay well.



- Be able to carry on being a carer if they want to.



- Be able to get good information and advice about being a carer.



- Take part in training that will help them to be a carer, if they want to.

We also want carers to:



- Have a life outside of being a carer.



- Take a break from being a carer when they need it.



Question 3: How well do you think we have understood the issues that carers deal with?

Very well

Slightly well

Not very well

Not at all

I do not know



Please explain your answer to question 3 here:

A large, empty rounded rectangular box with a black border, intended for the user to provide an explanation.

Our priorities



Our **priorities** are the most important things that should be done first.



Our first priority is to make sure that carers are respected, listened to and supported to carry on being carers.



Question 4a: How important is this priority to you?

Very important

Slightly important

Not very important

Not important at all

I do not know



Our second priority is to make sure carers can get good information and advice about being a carer.



Question 4b: How important is this priority to you?

Very important

Slightly important

Not very important

Not important at all

I do not know



Our third priority is to make sure that carers are supported with their wellbeing and can use support services when they need to.



Question 4c: How important is this priority to you?

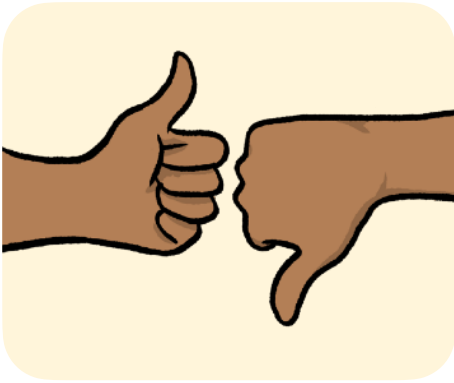
Very important

Slightly important

Not very important

Not important at all

I do not know



Question 5: How much do you agree or disagree with our priorities?

Please only tick 1 box.

Definitely agree

Slightly agree

Neither

Slightly disagree

Definitely disagree

I do not know

Please tell us why you agree or disagree with our priorities:



Please tell us about any other priorities you think we should include in our plan:

A large, empty rounded rectangular box with a black border, intended for providing additional information or priorities.

Our actions



Our **actions** are the things we plan to do to work towards our priorities.

Our actions include:



- Finding more carers who need support.



- Offering information and advice about things that matter to carers.



- Doing more **carer assessments**.
A **carer assessment** is when we meet with a carer to find out about what kind of support they need.

Our actions also include:



- Making sure information and advice are available in different ways, like in large print or Easy Read.



- Helping carers to find and use support services.



- Helping carers to use technology that can help them with being a carer.



- Making sure that there are different types of training that carers can take part in.

Our actions also include:



- Working with other groups and organisations to understand more about how we can support carers' wellbeing.



- Setting up a **respite service** for carers.

A **respite service** is when we provide care for a person with health needs for a short time, so that their carer can take a break.



- Helping carers to get **benefits**.

Benefits are money the Government gives to some people to help pay for the things they need to live.

Our actions also include:



- Helping carers to plan for emergencies, such as if they need urgent care for the person they support.



- Supporting **carers' groups** and helping carers to join them.

Carers' groups are groups of carers that meet to support each other.

Your thoughts about the whole plan

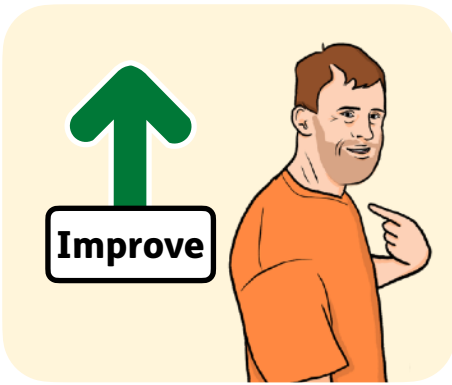


Question 6: Please tell us what you like about our plan:



Question 7: Please tell us whether there is anything in our plan you would change or improve:

A large, empty rounded rectangular box with a black border, intended for the user to provide their response to Question 7.



Question 8: Please tell us what would improve your life as a carer, if you are one:

A large, empty rounded rectangular box with a black border, intended for the user to provide their answer to the question.



Question 9: Please tell us any other comments you have about our plan:

A large, empty rounded rectangular box with a black border, intended for the user to provide their comments.

Questions about you



We would also like you to answer some questions about yourself.



This is to make sure we are hearing from people who are from different backgrounds.



You do not have to answer these questions if you do not want to.



Question 10: Which of these answers best describes your **gender**?

Gender is whether you are a man, a woman or use a different word to describe yourself.

Please only tick 1 box.

Man.

Woman.

I use a different word.



Question 11: How old are you?

Please only tick 1 box.

Under 18.

Between 18 and 24.

Between 25 and 34.

Between 35 and 44.

Between 45 and 54.

Between 55 and 64.

65 or older.



Question 12: What is your **ethnic background**?

Your **ethnic background** is your race and the country that your family came from.

Please only tick 1 box.



Asian or Asian British

Indian.

Pakistani.

Bangladeshi.

Chinese.

A different Asian or Asian British background.

There are more answer options on the next page.



Black or Black British

African.

Caribbean.

A different Black or Black British background.



More than 1 ethnic background

White and Black Caribbean.

White and Black African.

White and Asian.

A different mixed background.

There are more answer options on the next page.



White

- Welsh, Scottish, Northern Irish or British.
- Irish.
- Gypsy or Irish Traveller.
- Roma.
- A different White background.



Other ethnic background

- Arab.
- Any other ethnic background.



Question 13: What area do you live in?

Please only tick 1 box.

Blaby.

Charnwood.

Harborough.

Hinckley and Bosworth.

Melton.

North West Leicestershire.

Oadby and Wigston.

Other - please tell us the area you live in below:

Sending us your answers



Please now post your answers to:

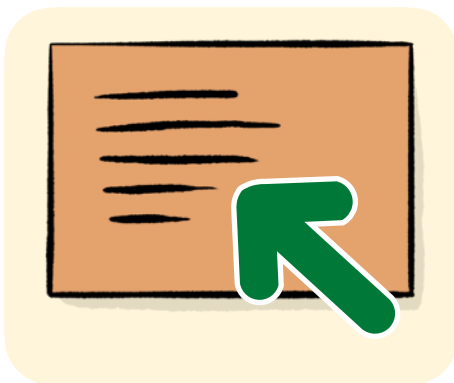
3 High Street

Coalville

LE67 3EA



You can use the envelope that came with this booklet.



Please write

**New Leicestershire Carers
Strategy 2026-2030 Consultation**
on the envelope.



Remember, you have until
Sunday 14 June 2026 to send us
your answers.

Find out more

For more information about carers and the support they can get, you can look at 1 of these websites:



- www.leicestershire.gov.uk/adult-social-care-and-health/looking-after-someone/find-someone-to-talk-to-about-caring



- www.carers.org/help-for-carers/introduction



What do you think about this Easy Read booklet?

Please fill in this survey to tell us what you think: www.easy-read-online.co.uk/easy-read-feedback-survey

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