



Week 1

WINTER MENU 2016/17

MONDAY TUESDAY WEDNESDAY **FRIDAY THURSDAY** Hearty chicken casserole Meatballs in a homemade Roast turkey with sage Daisy's delicious fish Crispy potato topped cottage pie with herby dumplings tasty tomato sauce and onion stuffing in tomato sauce or Minted potatoes Creamed potatoes Fluffy rice or garlic slice battered fish Gravy CHEF WINNER 2016 Winter cabbage Chips Gravy Peas Roast potatoes Fresh carrot batons Green beans Cauliflower Broccoli Baked beans Winter medley of Roasted parsnips Sweetcorn vegetables **(1) ⊕** 🚭 Homemade wholemeal Naan bread Onion topped loaf Poppy seed baguette Pumpkin seed wedge bread **()** 🛈 😂 **⊕** 🕒 🥶 **(1)** (1) (2) **()** (□) (□ Chocolate crunch and Pear and apple crumble Rhubarb pie and custard Jess's lemon bakewell Blueberry muffins with custard chocolate sauce tart with fruit coulis

Week one Commences: • 7th November • 28th November • 2nd January • 23rd January • 20th February • 13th March • 3rd April

Week 2

WE CAN CATER FOR SPECIAL DIETS

Children who require a special diet should complete a medical diet school meals request form which is available from your school office.

Homemade margherita or chicken pizza Jacket potato or pasta spirals in a homemade tomato sauce Sweetcorn Crudités	Roast gammon and pineapple Creamed potatoes Gravy Medley of seasonal vegetables Winter cabbage	Mild pork curry Savoury rice Peas Cauliflower	Millie's garlic chicken New potatoes Green beans Sweetcorn	Cod or salmon fish fingers with a lemon wedge Chips Baked beans Peas
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Crusty herb loaf	Wholemeal wedge	Naan bread	Focaccia bread	Soft bap
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Eve's pudding and custard	Shortcake fingers	Jam roly-poly and custard	Jacobs's apple and blackberry crumble with vanilla sauce	Sam's banana cake
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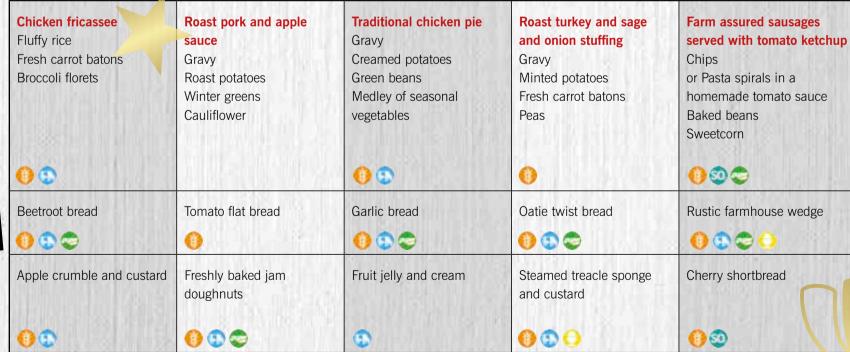
Week two Commences: • 14th November • 5th December • 9th January • 30th January • 27th February • 20th March • 24th April

Week 3



vegetables offered when available, fresh from the market.





Week three Commences: • 21st November • 12th December • 16th January • 6th February • 6th March • 27th March • 1st May











Cereals containing gluten

Eggs





Lupin







Nuts









Allergens correct at time of print, updates will be posted on the website, www.leicestershire.gov.uk/school-food



St Barts Super Sausage!

COMPETITION WINNER!

Oliver Stakes was announced as this year's Design a Sausage winner, following his winning entry into the LTS Catering Services competition in February.

The St Barts Super Sausage stood out against 1000's of hopefuls and impressed judges with its winning combination of pork, apple, red Leicester cheese and spring onion.

Sausage makers nowadays are very innovative and there is a great range of new and exciting ingredients being added to the humble sausage.

The LTS Catering Service constantly strive to meet the needs of the children and young people of Leicestershire and involve them in helping us to develop the service and the food choices we provide for them. We believe that getting children to think about food and the ingredients that go into food is a vital tool in developing their understanding and ensure the learning process is fun and exciting along the way.

After winning the competition Oliver visited a pig farm before going along to the factory where he helped to make his very own sausages.

Not only did Oliver see his creation come to life, he also left the factory with enough sausages to feed his family and his fellow pupils tucked into them as part of the Queen's Birthday celebrations.

Look out for our next exciting competition!

Does your child qualify for a free school meal?

Even if your child is entitled to a Universal Infant Free School Meal it is still important to confirm eligibility, this will ensure your school will be in a position to obtain further funding from central government to provide additional support to your child. This funding is also referred to as Pupil Premium. Please check with your school to see what is available to you.

Call now to see if you qualify!

- 0116 305 6588
- 0116 305 7093
- 0116 305 2740

We'd love to hear from you!



We welcome all ideas and suggestions to ensure that we continue to provide the best possible service. Please email wendy.philp@leics.gov.uk or write to us at LTS Catering Services, Room 400, Pen Lloyd Building, County Hall, Glenfield, Leicester, LE3 8RB.

