

# DRAFT

## Our Big Plan for Carers 2018 -2021



**Tell us what you think**

1. Do you think the idea is a good one?

☐ Yes

☒ No

☐ Not sure



**NHS**  
West Leicestershire  
Clinical Commissioning Group



**NHS**  
East Leicestershire and Rutland  
Clinical Commissioning Group



**NHS**  
Leicester City  
Clinical Commissioning Group

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# Introduction



We would like to know what you think about our big plan to help carers.

## **Who are carers?**

When we talk about carers we mean the people who help to look after you and keep you safe, but do not get paid to do it.

We are doing this using a survey.

## **What is a survey?**

When we talk about a survey we mean a list of questions we would like you to answer




You may need someone to help you answer some of these questions. We can help you too

## **How does it work?**

All the questions you need to answer start with a number

There is also some information for you to read

This  shows you the parts you need to read



If you want any more information about the Leicester, Leicestershire and Rutland Joint Carers Strategy, you can contact us by phone or by e-mail:

By telephone on:



0116 3050232

By e-mail at:



[ascengage@leics.gov.uk](mailto:ascengage@leics.gov.uk)

**Please note:** What you say to the main part of the survey may be given to people under the Freedom of Information Act 2000

What you say in the “**About You**” part of the survey will be held safely and will not be given to anyone

**Q1 Please tick one box only**

	I am a person who has support from social care	
	I am a family member/carers of an adult who has support from social care	
	I am an interested member of the public	
	I work for the Council	
	I work for a Social Care provider	
	I am part of a voluntary sector organisation of charity	
	I am a GP or other healthcare worker	
	Other, please say:  .....	

<b>Q2</b>	<b>If you work for a provider of social care, a charity or a voluntary organisation, please tell us</b>
Your name:	
Name of the organisation:	

<b>Q3</b>	Are you responding on behalf of your organisation?		
	Yes		No

<b>Q4</b>	Where do you live?	
	Leicester City	
	Leicestershire County	
	Rutland	
	Other	

<b>Q5</b>	If you live in Leicestershire County which district do you live in?	
	Blaby	
	Charnwood	
	Harborough	
	Hinckley & Bosworth	
	Melton	
	North West Leicestershire	
	Oadby & Wigston	

<b>Q6</b>	Do you use carers services? Either a carers personal budget, a carers group or other specific support for carers?	
	Yes	
	No	
	Don't Know	



## About the Strategy (plan)



### What is the Leicester, Leicestershire and Rutland Joint Carers Strategy?

The strategy is a big plan about how we will support carers from 2018 - 2020

It has been written by the Leicester, Leicestershire and Rutland Carers Delivery Group.

This is a group of people who work together to help carers.

The plan was written after they had asked carers about what is important to them.



## Who is the plan for?



The plan is for people who look after someone without being paid.

This is called being a carer.

Carers look after someone in their family or a friend, who:

is old,

is ill

has a disability

The plan is also for people who work to support carers



## Why do we need a new plan?



### We need a new plan because:

- The old plan is too old.
- There are new laws about how we must help carers. This means we have to do what it says in the law
- We want to keep trying to make our services better for people who need them.







## What does the plan tell us about carers?



- It says that 1 in every 10 people living in Leicester, Leicestershire and Rutland is a carer.
- It says that there are about 2000 young people aged under 15 years who are caring for someone in their family. These young people are called 'young carers'
- It says that more women than men are carers
- It says that carers get tired, and need some help for themselves or a break sometimes to help them stay well and happy.
- It says that carers do not always know that they are a carer. They don't know that they do more than other people to support their family or friends.

<b>Q7</b>	Do you think the big plan talks about everything that carers think is important?	
	Yes	
	Some things are missing	
	No	
	I don't know	

 <b>What does the plan say is important?</b>		
		<p>The plan has 8 important things that say what we will do to support carers</p> <p>They tell us the right way to do things.</p> <p>They are our aims and goals for supporting carers. We are going to do our best to do all these things for carers</p>
		<b>The important things are:</b>
		<p><b>1. Carer Identification - Knowing who is a carer:</b></p> <p>This means we will make sure we know when someone is a carer.</p>
		<p><b>2. Carers are valued and involved:</b></p> <p>This means we will talk to carers about how we do things</p> <p>Listen to what carers say and say thank you to carers for helping us.</p>





### **3. Carers are informed:**

This means we will make sure that carers have all the information and help to find out what support they can get.



### **4. Carer friendly communities:**

This means we will tell people and groups about carers and how to support them.



### **5. Carers have a life alongside caring:**

This means we will make sure carers and the people they look after get the right kind of support.

This will include

- Having breaks from caring.
- Talking to the places where carers work to help them to support carers.
- We will make sure carers know about health checks they can get.



### **6. Carers and homes:**

This means we will work with other people who work in housing and equipment teams to make sure that they think about what carers might need.



## 7. Carers can get the right support at the right time:

This mean we will make sure that it is easy for carers to get an assessment. An assessment looks at what help they can get.

We will make sure all the people we work with know where carers can get support.



## 8. Supporting young carers:

This means we will make sure that young people who are carers get the help they need.

**Q8** How important are the 8 things in the plan? We will ask you about each one. Please circle your answer.






### 1.Carer Identification – Knowing who is a carer

This is very Important	This is Important	This is not very Important	This is not important at all	I don't Know






### 2.Carers are valued and involved

This is very Important	This is Important	This is not very Important	This is not important at all	I don't Know






### 3. Carer Friendly Communities

This is very Important 	This is Important 	This is not very Important 	This is not important at all 	I don't Know 
---	--	---	--	---




### 4. Carers are informed

This is very Important 	This is Important 	This is not very Important 	This is not important at all 	I don't Know 
---	--	---	--	---






### 5. Carers have a life alongside caring

This is very Important 	This is Important 	This is not very Important 	This is not important at all 	I don't Know 
--	---	--	---	--






### 6. Carers and homes






This is very Important 	This is Important 	This is not very Important 	This is not important at all 	I don't Know 
---	--	---	--	---

### 7. Carers can access the right support at the right time

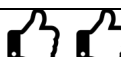




This is very Important 	This is Important 	This is not very Important 	This is not important at all 	I don't Know 
---	--	---	--	---

## 8. Supporting Young Carers

This is very Important 	This is Important 	This is not very Important 	This is not important at all 	I don't Know 
---	--	---	--	---

<b>Q9</b>	Do you think that we have the important things right?			
	Strongly agree			
	Tend to agree			
	Neither agree or disagree	-		
	Tend to disagree			
	Strongly disagree			
	Don't know			

Is there anything else you think we should include?

<b>Q10</b>	In the important things we have said how we would like to do the important things. Do you agree with how we said we will do things?			
	Strongly agree			
	Tend to agree			
	Neither agree or disagree	-		
	Tend to disagree			
	Strongly disagree			
	Don't know			

Are there any other things we need to include?



## How will we know it works?





We will keep talking to carers and asking what they think.

We will check if we know about more carers.

We will keep looking at how many carers are having assessments.

We will check if more carers are using carer support services.

<b>Q11</b>	Is there anything you really <b>like</b> about the big plan? 

<b>Q12</b>	Is there anything you really <b>don't like</b> about the big plan? 

<b>Q13</b>	If you are a carer what would make the most difference to your life?

<b>Q14</b>	Is there anything else you want to tell us?



## What happens next?



Leicester City Council, Leicestershire County Council and Rutland County Council will all have their own smaller plans. The smaller plans will say how they will do all the important things.

They will have to tell the Carers Delivery Group about what they do and whether it works.

## About You

**It is very important for Leicestershire County Council to treat everyone well. It is very important that the things we do are good for everyone.**

**To help us make sure that our work is fair and good for everyone, we would like you to answer these questions. You may need someone to help you answer these questions**

**You do not have to answer these questions. But it will help us to keep working better for everyone in Leicestershire**







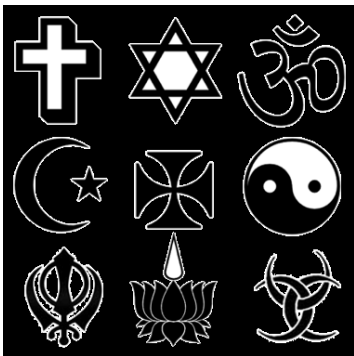
**Q15 Are you male or female?**

Male


Female

Other

	<b>Q16</b>		<b>Is your gender identity the same gender you had at birth?</b>												
			Yes												
			No												
			<b>Q17</b>		<b>What was your age on your last birthday?</b>  Please write this in numbers:										
			<b>Q18</b>		<b>What is your postcode?</b>  My postcode is:										
			<b>Q19</b>		<b>Are you a parent or a carer of a person aged 17 or under?</b>										
					Yes										
					No										
If yes what are the ages of the children in your care															
0-4				5-10				11-15				16-17			
				<b>Q21</b>		<b>Are you the carer of a person aged 18 or over?</b>									
						YES									
						No									

	<b>Q22 Do you have a long-standing illness, disability or difficulty?</b>	
	Yes	
	No	
<b>Q23</b>	If yes please tell us which condition(s) Please tick only one	
	Physical	Mental Health Condition or Disorder
	Partial or total loss of vision	Long standing illness or disease
	Learning disability/difficulty	Speech impediment or impairment
	Partial or total loss of hearing	Other medical condition or impairment
	<b>Q24 What is your ethnic group?</b> Please tick one box only	
	White	Black or Black British
	Mixed	Other ethnic group
	Asian or Asian British	
	<b>Q25 What is your religion?</b>	
	No religion	Jewish
	Christian	Muslim
	Buddhist	Sikh
	Hindu	Any other



	<b>Q26</b>	<b>What describes you?</b>		
		I work fulltime		
		I work part time		
		I am self employed		
		I am an apprentice		
		I am in fulltime education		
		I am unemployed		
		I am sick or disabled		
		I am retired from work		
		I look after the home		
		Do something else		
	<b>Q26</b>	<b>Are you:</b>		
		<b>Bi-sexual</b>		<b>Lesbian</b>
		<b>Gay</b>		<b>Other</b>
		<b>Heterosexual/ straight</b>		

**Thank you for filling in this form. What you think is important.**

**The things people tell us will be written in a report. We will send the report to the County Council Cabinet (a small group of Councilors who make the big decisions).**

**They will decide about the carers big plan in September 2018**

**Data Protection:**

Personal data supplied on this form will be held on computer

and will be used in accordance with the Data Protection Act 1998. The information you provide will be used for statistical analysis, management, planning and the provision of services by the county council and its partners. The information will be held in accordance with the council's records management and retention policy.

Information which is not in the 'About You' section of the questionnaire may be subject to disclosure under the freedom of information act 2000.