Do you need additional support to care for a child or young person with Special Educational Needs or Disabilities?

The SEND Family Support Service can help you to find the information and support you need by providing telephone and text advice. Face-to-face support will also be available for families.
What can the service help with?

- Information and advice about universal credit and other benefits including Disability Living Allowance and Personal Independence Payments, and support with applying for grants and other sources of funding;
- Information and advice on accessing voluntary and community sector groups and services;
- Details on Leicestershire’s Local Offer [www.leicestershire.gov.uk/local-offer](http://www.leicestershire.gov.uk/local-offer) – information for children and young people with special educational needs and disabilities all in one place
  - Help with applying for Early Help short breaks;
  - Parenting support, including managing family routines and boundaries.

**Early Help Short Breaks**

Most children and young people get a break from their parents, and their parents get a break from them, when they go to play and leisure activities after school, at weekends and in the school holidays.

Short breaks are provided to give parents and families of children with special educational needs and disabilities this type of necessary and valuable break from their caring responsibilities. They also provide children and young people with enjoyable experiences.

Short breaks can occur during the school holidays, after school, during the day, and sometimes overnight where needs are more significant.

Short breaks could be organised activities or may also be provided through access to after school clubs and holiday clubs.

Short breaks cannot be provided where the need is solely for childcare due to parent/carer employment commitments.

More specific criteria for short breaks is currently under development.

To find out more call 0116 305 8727 or email earlyhelpreferrals@leics.gov.uk

[www.leicestershire.gov.uk/local-offer](http://www.leicestershire.gov.uk/local-offer)