



## **Rosemary Conley CBE DL**

Rosemary Conley CBE DL is best known for her multi-million selling diet books and fitness DVDs and as a TV health and fitness presenter.

Rosemary was made a Deputy Lieutenant of Leicestershire in 1999 and in 2001 was the first woman to be given the Freedom of the City of Leicester.

In 2004 she was awarded a CBE in the Queen's New Year Honours for 'services to the fitness and dieting industries'.

Rosemary is President of Young Enterprise in Leicestershire and is an active Patron of the Shepshed-based charity 'Steps' which offers Conductive Education, helping to transform the lives of young children with cerebral palsy and other motor disorders.

