Hierarchy of Needs for Learning

Potential

Can I do all the things I am capable of? What is stopping me?

Cognitive

Am I making progress by being able to learn and apply what I have been taught?

Self-esteem

Do I feel happy to have a go at most things? Can I recover if I fail? Do I think I can cope with most of the situations that are ahead/behind me?

Belonging

Do I fit in in this classroom? Does this learning belong to me - do I understand it, can I keep up, can I remember what has been said and what I have seen?

Safety

Is it safe for me to put my hand up in class? What will happen if I can't answer the question or if I ask something silly? Will I get upset by other children? – Am I emotionally safe?

Physiological

Am I hungry? tired? cold? poorly? sad?