



DIY



Hoop-Tree

Early Years  
SEND Inclusion Team

Leicestershire  
County Council

Leicestershire  
SEND



You



need:



Steps:

Curtain rings work fabulously for this as they are just the right size for little hands to manipulate easily, and you can mix up some metal and some wooden rings for contrasting textures. Anything hoop-shaped will do the job – Improve with bangles, hair bands, scrunchies and elastic bands, which all create different sensory experiences.

Playing with a hoop tree, for example, is a challenging test of balance and precision hand/eye co-ordination. Your child has had to learn to get the hoops onto the tree 'branches'. In the process, they've discovered how many can fit on a branch. And what happens when they tries to add too many.



What's next?

- Any sort of absorbing play like this is also an opportunity to practice and extend vocabulary. While arranging the hoops, give a running commentary of phrases. Say "put it on" and "take it off". And repeat the key words such as "on" and "off" separately as well. Talk about the object's properties "wood", "metal", "smooth" "cold", "round". You could also practise saying number names and counting, repeating these words and phrases like 'one more' over and over again.