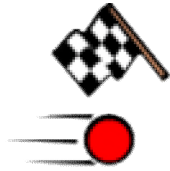


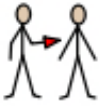


Rice



Races

Early Years
SEND Inclusion Team



You

will



need:



A tray or other shallow container, dry rice, funnels, cups, egg cups, tweezers, pipes and tubes, spoon



Steps:

- Set the activity up on the table or on a mat on the floor.
- Let your child investigate the rice using their hands and fingers. Let them scoop, pour, pass from hand to hand and use the tweezers.
- Encourage the child to have a race at filling a cup with rice. Start by scooping handfuls, then scoop using the cups.
- Try filling one cup by pouring the rice through the funnel or using a cardboard tube. Both hands will be needed to support the funnel and the tube.
- Have a race to see who can fill a cup with rice the fastest using a spoon.

What's



next?

- Practice squeezing the tweezers together and moving pom poms or cotton wool balls from one cup to another.
- Use pegs and use the same squeezing movement to add pegs to the beakers or onto card
- Use the tweezers to pick up the tiny grains of rice. Have a race with friends and family to see who can fill an egg cup first.
- Swap hands when holding the tweezers. Is it easier or harder?