LTS CATERING SERVICES

CONTAINS 50% fruit

ALL DISHES Freshly Prepared Using seasonal and local produce

ALL OUR Bread Baked daily by our school chefs

STAY hydrated fresh water Always available

FRESH FRUIT & Yogurt

OUR MENUS MEET ALL THE GOVERNMENT FOOD BASED STANDARDS.

FOOD FOR LIFE SERVED HERE Soil Association

*Please follow the dates to find out which menu your school is on each week

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1*	2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December, 2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.				
OPTION ONE	NEW **Organic Beef Chilli**	NEW **Toad in the Hole with Gravy**	**Roast Loin of Pork & Apple Sauce and Gravy**	**Tuna Pizza**	**Fish Fingers/Salmon Fingers**
CARBS	Fluffy Rice Parsley Potatoes	Roast Potatoes ½ Jacket Potato	Creamy Mashed Potatoes ½ Jacket Potato	½ Jacket Potato Jewelled Cous Cous	Chips Minted Potatoes
VEGETABLES	Roasted Vegetables Sweetcorn	Peas Cauliflower	Carrots Broccoli	Sweetcorn Green Beans	Baked Beans Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Strawberry Whip	NEW Apple Berry Fool	Cheese & Biscuits	NEW Dutch Apple Cake	Vanilla Ice Cream

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 2*	2021: 30th August, 20th September, 11th October, 1at November, 22nd November, 13th December, 2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July.				
OPTION ONE	NEW **Organic Minced Beef Casserole with Dumplings**	**Roast Chicken with Stuffing & Gravy**	**Sausage in onion Gravy**	**Macaroni Cheese**	**Battered Fish**
CARBS	Roast Potatoes Potatoes in Skins	Parsley Potatoes ½ Jacket Potato	Creamy Mashed Potatoes Pasta in Tomato Sauce	Garlic Bread Potatoes in Skins	Chips Fluffy Rice
VEGETABLES	Green Beans Carrots	Peas Cauliflower Cheese	Medley of Roasted Vegetables Green Beans	Broccoli Carrots	Baked Beans Sweetcorn
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Banana Cake	Chocolate Sponge & Chocolate Sauce	Oat Cookie	NEW Orange Jelly with Mandarins	Strawberry Ice Cream

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3*	2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December, 2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.				
OPTION ONE	**Organic Meatballs in a Homemade Sauce**	**Chicken Pizza**	NEW **Roast Beef & Yorkshire Pudding with Gravy**	**Chicken & Vegetable Pie**	**Fish Fingers/Salmon Fingers**
CARBS	½ Jacket Potato Fluffy Rice	Fluffy Rice Parsley Potatoes	Roast Potatoes Roasted Vegetable Cous Cous	Creamy Mashed Potatoes ½ Jacket Potato	Chips Pasta Shapes in a Homemade Tomato Sauce
VEGETABLES	Carrot Rounds Broccoli	Cauliflower Roasted Courgette	Peas Mashed Swede	Sweetcorn Green Beans	Baked Beans Minted Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	NEW Peach & Raspberry Crumble & Custard	NEW Banana Cupcake	Rice Pudding	NEW Apple Sponge & Custard	Vanilla Ice Cream