

 LTS Catering Services

Menu

Award winning nutritious school food lunches tailored to meet the needs of all of our Primary School pupils



EAT 
WELL TO
EXCEL

 LTS Catering Services

For more information please visit our website
and search for LTS Catering:
www.leicestershiretradedservices.org.uk



Week 1

2022: 22nd Aug, 12th Sept, 3rd Oct, 24th Oct, 14th Nov, 5th Dec, 26th Dec
 2023: 16th Jan, 6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun, 3rd Jul, 24th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margarita Pizza	Cottage Pie	Roast Loin of Pork & Apple Sauce	Sticky Chicken	Fish Fingers or Salmon Fish Fingers
Option 2	Vegetable Supreme Pizza (V) Vegan Pinwheel (VG)	Spiced Bean Tagine (V, VG)	Roast Quorn Fillet Stuffing and Gravy (V, VG)	Cheese Flan (V) Pea and Potato Curry with Spinach (VG)	Quorn Dippers (V, VG)
Option 3	Jacket Potato with Baked Beans	Tuna Crunch Wrap	Cheese & Potato Cake with a Homemade Spicy Tomato Sauce	Falafel in a Pitta Pocket	Jacket Potato with Cheese & Coleslaw
CARBS	Pasta in Tomato Sauce Vegetable Rice	Parsley Potatoes Cous Cous	Mashed Potato & Carrot ½ Jacket	Herb Jacket Wedges Fluffy Rice	Chips Minted Potatoes
VEGETABLES	Appleslaw Carrots	Green Beans Sweetcorn	Roasted Medley of Seasonal Vegetables Green Beans	Cabbage Broccoli	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Strawberry Whip	Pear & Chocolate Sponge	Manchester Slice	Apple Betty Layer	Vanilla Ice Cream

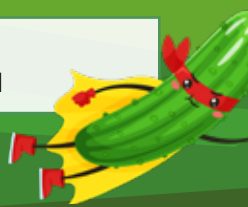


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Week 2

2022: 29th Aug, 19th Sep, 10th Oct, 31st Oct, 21st Nov, 12th Dec
 2023: 2nd Jan, 23rd Jan, 13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th Jul, 31st Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margarita Pizza	Farm Assured Pork Sausages in Gravy	Roast Chicken Stuffing & Gravy	BBQ Chicken Wrap	Battered Fish
Option 2	Chinese Vegetable Stir Fry (V, VG)	Homity pie (V) Vegetable Sausage with Gravy (VG)	Vegetarian Bolognese (V, VG)	Quorn & Vegetable Paella (V, VG)	Vegetable Fingers (V, VG)
Option 3	Sweetcorn & Pepper Frittata	Jacket Potato with Cheese & Baked Beans	Sweet Potato & Pea Risotto	Jacket Potato with Tuna	BBQ Bean wrap
CARBS	Fluffy Rice Herb Jacket Wedges	Mashed Potatoes	Parsley Potatoes Pasta	Garlic Bread Potatoes in Skins	Chips ½ Jacket Potato
VEGETABLES	Medley of Seasonal Vegetables Carrots	Sweetcorn Peas	Green Beans Roasted Medley of Seasonal Vegetables	Carrots Broccoli	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Banana Cake	Carrot Cake Muffin	Chocolate Mousse	Orange Jelly with Mandarins	Strawberry Ice Cream



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Week 3

2022: 5th Sep, 26th Sep, 17th Oct, 7th Nov, 28th Nov, 19th Dec

2023: 9th Jan, 30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24th Apr, 15th May, 5th Jun, 26th Jun, 17th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Organic Meatballs in Tomato Sauce	Turkey Lasagne	Roast Chicken & Apricot Stuffing	Garlic Mushroom & Sweetcorn Pizza	Fish Fingers or Salmon Fish Fingers
Option 2	Vegetable Jambalaya (V, VG)	Vegetable Lasagne (V) Quorn Fricassee (VG)	Vegetable Cottage Pie (V, VG)	Sweetcorn Pizza (V) Jacket Potato with Beans (VG)	Vegetable Nuggets (V, VG)
Option 3	Jacket Potato with Chicken Mayonnaise	Butter Bean & Spinach Wrap	Bubble & Squeak with chickpeas	Jacket Potato with Baked Beans & Coleslaw	Homemade Bean Burger
CARBS	Pasta Fluffy Rice	Garlic Bread Parsley Potatoes	Roast Potatoes Swede & Potato Mash	Jewelled Cous Cous ½ Jacket Potato	Chips Fluffy Rice
VEGETABLES	Green Beans Cabbage	Broccoli Sweetcorn	Carrots Cauliflower	Medley of Vegetables Green Beans	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Apple Sponge & Custard	Cornflake Tart	Peach Melba Traybake	Seasonal Fruit Crumble & Custard	Chocolate Ice Cream



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